



## Bioenergetics: The Study of Energy in Living Systems

Greg Eckel, ND, LAc With  
**Harry Massey**



### Greg Eckel, ND, LAc

Hey everybody, today I have an amazing guest to introduce, and that's Harry Massey. Harry's story is incredibly inspirational for anyone dealing with a long term severe illness, or overcoming other kinds of seriously challenging circumstances. Just briefly, Harry was sick with serious chronic fatigue syndrome all through his 20s. He eventually fully recovered, after discovering the field of bioenergetics, the study of energy in living systems. After 10 years of illness, he went on to be a successful entrepreneur and the CEO of NES Health, a company dedicated to researching and developing technology aimed at restoring your health. Many other health experts use this system, including the likes of Dave Asprey, Dr. Stephen Sinatra, Ben Greenfield, Joe Mercola, Wendy Myers, just to name a few, myself included, Dr. Greg Eckel. He went on to make three award-winning films, "The Living Matrix," "Choice Point" and "Supercharged," and has pioneered much of the research and innovation in this entire space. So from bed-bound, chronic fatigue, to pioneering the field of bioenergetics, welcome, Harry. It's a great pleasure to have you on the summit.

### Harry Massey

Thank you, Greg. What a good intro. I don't know if I remember doing all that, so that's good. It's cool. Well, just before we get going, I think we've got such an exciting little presentation we've got today, but I just thought I'd just give some people some highlights and some things that are gonna come later in the talk. One is an unnamed virus that is very prevalent over the last two years that cannot be named for fear of censorship, but you can take your guess on its name. So we've just been doing this research at San Diego University, and we've basically been seeing if one of our infoceuticals, which is, basically a remedy made from pure information that's imprinted into the memory of water. And basically, we were just looking at, how just delivering pure information to live lung tissue. And we were just seeing how the lung tissue could react and learn behold, this basically, this very immune protective effect that came out of that. And you know what? I don't wanna steal the thunder for later on in this conversation. So, I'll just leave it at



that. Let's leave it at that, or else I'll get too deep down the rabbit hole. And just a second little thing that I think would be just quite cool for people to know the power of bioenergetics, a picture say a thousand words, what you can see, I hear obviously someone's had a really, really severe burn, and this is basically, just using the miHealth for two weeks, actually off body. Haven't got a picture of miHealth, but miHealth is basically, it's basically, a handheld healing device that put the beams out information on a pulse electromagnetic wave, and basically will just send the information to remind the body of its optimal blueprint. And you can see how the arm is basically, pretty much healed to normal in a period.

**Greg Eckel, ND, LAc**

In what amount of time is that from the progression from the big lesions on the left to basically just some small marks on the right?

**Harry Massey**

I believe it was either two weeks or three weeks. You know what? I'd have to ring out the practitioner to actually clarify that.

**Greg Eckel, ND, LAc**

Sure.

**Harry Massey**

I think somewhere in that region.

**Greg Eckel, ND, LAc**

And then the pictures we have below, it looks like it's a horse's leg?

**Harry Massey**

It's actually a Llama.

**Greg Eckel, ND, LAc**

That's a Llama, okay.

**Harry Massey**

I believe it's a llama.



**Greg Eckel, ND, LAc**

I would not make it on the farm there.

**Harry Massey**

Yeah, and anyway, basically this Llama's leg had basically an open festering wound that they've been using an antibiotics on, and basically, hadn't been able to heal it up. And again, actually it's another miHealth story, where they were basically using miHealth around the wound. And then that was, basically able to trigger enough of a healing response that the body's own natural healing system kill. I say the body, the Lama's own natural healing system, basically, mopped up and killed the infection, and then helped the skin, obviously regrow and heal it. And anyway, it's just nice to see what the power of energy medicine bioenergetics in pictures. 'cause it's hard to see with illnesses like chronic fatigue or a lot of other, can't see things graphically. Obviously the skin really tells a very pretty strong story.

**Greg Eckel, ND, LAc**

Yeah, that's huge. So Harry, we've got some pictures of you rock climbing here. I'd really like you to tell us about your story in the whole bioenergetics field. You've got a story to be told, and you are one of the pioneers and innovators in the bioenergetic space over the last 20 years. So, please, without further ado, tell us your story.

**Harry Massey**

Greg, I absolutely love climbing. I've climbed 4,000 meter overhanging faces. I've free-climbed without ropes, 100 foot cliffs above the ocean with waves crashing into crest flow. Little bit like in this picture, and obviously on the right there, I was jumping or falling off, and the left side was still on it. But when I was 21, I ended up with a fever while I was ice climbing. I fell, I didn't get out of bed for the next seven years, and ice, it's mostly solid, but sometimes you come across patches that are brittle, whereby you Teeter up as delicately as you can. Teeter, Teeter, Teeter, shatter. My ice peck fell backwards with us falling as gravity took us down, we ended up hitting a really steep snow slope. We dug in our ice sacks and managed to slow down our fall. It turns out that day I fractured my spine, but I didn't actually realize that until three years later.

But the fever and fall exhausted us so much that the next time I went climbing, I ended up stuck in a tent for the next seven days, eating dried bananas, until I finally got the energy to get up and drive back home. Now my days from then were spent flat on my back, and it was living in a dark cloud, and really trying to focus enough to remember what I was thinking. There wasn't one year, not two, not even five. It was actually seven years, I laid in my bed, staring at ceiling, not climbing,



not going on dates, not having a career. And really, I really tried everything from IVs supplements, vegan diets, paleo diets, even acupuncture, Greg fasts, ozone, coffee elements, hypnotherapy, you name it, I basically did it. I finally thought to myself, if I don't have energy, why don't actually just study where energy comes from. And that basically led me through Yahoo at the time. I think 'cause Yahoo was bigger than Google in those days, which basically led me to the field of bioenergetics, which is the study of energy and living systems. From there I was introduced to the leading professor in this field, which was Peter Fraser in Australia. I reached out to him. He sent me this paper on quantum biology, which I think I only understood about 10% of it, but it was super, super fascinating.

So I reached out again and said, can we meet up? Which we both agreed to travel halfway around the world to Los Angeles like myself from the UK and then from Australia. I became this research Guinea pig, and I was basically experimented on daily while I was actually for 10 years. Getting all sorts of incredible reactions, had oils on my arm from the damage, from the dreaded shots, not the current shot. And this is actually MMR shots, fevers when tackling resident viruses, and releasing emotional stress. It really took 10 whole years to turn all those experiments into a system that's used globally, that is able to detect, correct, and protect the energy of the body in restoring people's health. The more importantly, I got my health back and started climbing again. Of course although this time I'm sticking to rock.

### **Greg Eckel, ND, LAc**

That's a pretty incredible story to be out ice climbing, and then just stuck in bed for seven years. That has led you down some pathways here. So what else do we have?

### **Harry Massey**

I know mean this is just a picture of that fracture, which you see in the bottom bit of our back there, or I don't like looking these here, pictures of being in the wheelchair back in those days. Let's skip past that, skip past that. But yeah, obviously what we're really here today, is to talk about bioenergetics which is the study of energy in living systems. And simply from a biogenetic perspective, health based become, well health comes from optimizing the exchange of energy between you and your environment. And well, it's not quite that simple, but it's a big, big part of it. And this is a concept that sort of got, develops over the years. But if you like, 'cause life is this energy exchange system. Another way of thinking about it, is the body as a water battery. Or you could just say the body as a battery. And so although we are basically exchanging energy with the environment like oxygen, electrons, nutrients, light, et cetera. When you're exchanging them obviously, you are ending up with all this extra source of energy in your blood, your blood will see,



is mostly water, but more importantly, when you get inside your cells, your cells are basically again full of water, full of a slightly special type of water called structured water. And again, you're basically exchange, you're exchanging your oxygen, all these nutrients and energy between your blood, between the water inside your cell, and ultimately all of your cells in your body are a little bit like a batchy wear, collectively overall, this sort of gives you your overall charge if you like. And this is, it's an odd concept for people to think about 'cause most of us think that our energies from food, ultimately, even food, when you break down either down into fats or carbohydrates and sugars, and down into the ATP chain, ultimately the ATP chain is an electron transfer chain.

Basically what we were really talking about here is basically the actual source of the energy in the body is electrons. And that's why we say the body is a bit like a water battery. And what we're really trying to do in bioenergetics is really optimize this energy flow, optimize the flow of electrons within the bodies. If you've got free flowing energy, you feel pretty good. These are just some extra slides just to help explain that concept. So what EZ, it stands for easy water, but another word of saying it's just structured water. And all we're seeing here is when more light hits water next to a hydrophilic surface and every cell membrane in the body are hydrophilic surface. It just means so fancy word for fat loving surface. It'll basically build up more structure. And why is that important? You might say where's pretty interesting that when a photon hits structured water H<sub>3</sub>O<sub>2</sub>, it'll spin off. It basically produces electrons. Those electrons can then be used for energy by the body, which is why weaker. It's just a sort of visible demonstration of how structured water builds up, and what it's really looking like inside itself.

#### **Greg Eckel, ND, LAc**

Can you speak into structured water a little bit more around what that is. That might be a new concept for folks.

#### **Harry Massey**

Sure, so there's everyone would've heard of the normal free phases of water, of basically, ice, liquid, and the gas, but there's actually a four phase of water, which is basically what structured water or EZ. So instead of H<sub>2</sub>O, it basically has a slightly different structure as H<sub>3</sub>O<sub>2</sub>. Haven't got a picture it, but it basically looks like a hexagon, and each extra molecule ends up in this hexagon shape that builds out the structure. But in nature basically, wherever you get a fat loving surface, you'll get structure builds up, and you can see it. The really messy, basically the stuff of all the dots. That's basically like normal bulk water, but the structured water, ends up completely pure 'cause structured water can't contain any pollutants. It just pushes it out, so it's just pushed out,



and basically the body... Well all your body cells are full of structured water. It's not generally bulk water, and then it's structured water like collagens, full of structured water, and it appears people talk about, when you vortex water appears around bubbles, it appears in vortexes. It'll also go around a fat surface. There you go, that's structural, but it is I don't know, it's an odd one. There's a lot of structured water that's sold, but I think most of it is honestly just normal bulk water. And if you're just considering what water to drink, you might honestly, the most important thing is to drink the purest, cleanest, freshest source of water. That's actually more important than worrying about it. Go through some fancy water text machine. That's a whole other subject. But yeah, this is just a little, so this was an article in new scientists that basically this is just a pit, this a picture of bacteria that just lives off electrons.

So basically it doesn't eat any nutrients. It's not breathing in oxygen, nothing. It's just living off pure electrons, pure electricity, which is nice to see. I've forgot another spider, I do. Yeah 'cause ultimately mitochondria, originally were bacteria that invaded the cell, and obviously has this over evolution. Obviously mitochondria ended up in the cell, but originally there were a bacteria, the mitochondria are the richest source of electrons in the body, which is why I was, you want lots of mitochondria, in your cell to power the cell. Yeah it's just so people can get this idea that, oh actually really the body is actually a bit like a battery own. It is basically powered on electrons, and all these ways of exchanging energy. And it isn't just food that you get energy from. You do get it from light. You do get it from grounding?

And the more healthy you are, and the more tuned into it, can pretty much you can basically absorb, say absorb energy from space. That's maybe getting a bit farfetched people, but you can absorb energy from the environment. Let's just say that. And you're less reliant on, a little bit less reliant on food. I'm not saying you don't need to eat food, 'cause it's very, very useful for replacing all your proteins and nutrients and et cetera, et cetera. But there are other sources of energy just beyond food. I just leave it at that. 'Cause unless you wanna get technical,

#### **Greg Eckel, ND, LAc**

You're not gonna turn us all into breath area.

#### **Harry Massey**

No, no, I mean Gilbert Ling, when he was calculating the source of energy. So I think you said that yeah, the ATP route, I think was only, that only accounted for like 75% of the energy, the cell. And then obviously that can be different, but basically yeah, the other 25% might be, I think it might have even been 40%, is coming from basically heat, lights, et cetera, et cetera. There's





other sources of energy. And anyway, just generally in the summer you don't need to eat as much. We can survive on salads and the wind. You have lots of stews and fats and all of that and consume more calories. All right, so why does it matter? Well basically the body's recharging from exchanging NG with the environment, the body storing, well basically the body stores energy to keep and reserve when you need it. And this really, when it comes to health and disease, really what's going on is the body uses a certain amount of energy continuously for its functions, but also for repair, we'll see if you're sick for healing, but if it's using all its energy for just day to day living, it doesn't have enough energy left to heal. And the bottom line with disease, is you're basically using more energy than necessary. Basically actually there just isn't honestly enough energy available to heal you, because you are burning it up with your day to day living, too much stress, et cetera, et cetera.

And so it's super important, if you truly wanna heal. Most people don't necessarily like hearing this, but basically you do have to save energy back. You do have to regenerate, 'cause healing can only occur, when there's enough energy available, beyond your daily functional needs. If you're using this amount of energy per day, well you need that amount of energy. So you can get a bit of regeneration, a bit of healing. And if your energy is always low, it's really hard. And it's just why people like me ended up bed-bound for 10 years, 'cause I was really stressed in that whole period. And I just never managed to tip well, I did eventually manage to tip the balance, but it took me a long, long, long, long, long, long time to get there. So yeah anyway, it's super important.

And the unfortunate thing that the sicker, the sicker you get, your body does become more in inefficient by actually being ill. It does actually take up energy, and probably easiest way of understanding that is, when your muscles are super, super tight, that actually takes a lot of energy to hold that tension, and you can go and get lovely deep tissue massages, et cetera, and you feel more energetic et cetera afterwards, 'cause your body isn't having to hold all that tension on. But it's true of in the organs functioning as well. So a big core concept in bioenergetics, is we wanna get the body as efficient as possible. Basically we wanna get as efficient as possible, and to do that, we really need to delve into the body's control system. And so if we can optimize the control system, optimize how the body's using energy, then we can tip that balance, and we've got more energy available and cascading effect.



**Greg Eckel, ND, LAc**

Well, here's a great one, a good lead in and segue. How can we detect and correct our energy right? We're talking about measurement. What we don't wanna be at a low, no fuel in the tank state, so to speak. So, what have you put together on how we can detect and correct our energy?

**Harry Massey**

There's a little video here. So I think that actually this video explains it quite well. Will it play through, on call on zoom?

**Greg Eckel, ND, LAc**

Yes.

**Harry Massey**

It will, okay cool.

**Rachel Dadarno**

So each client comes in, we do an intake interview, and seeing where their life is at, what are their goals. We take an assessment with the nest scan, and then we match the pharmaceuticals with the scan, along with the stresses and other goals that client wants to achieve. So it's a very clean, understandable, and simple way to have buy-in for the client, because they can actually see and go, I knew that this was it, or it's confirmation for them. So for me, it helps me to access them, to trusting their bodies again.

**Todd Erb**

I was coaching someone who had a loved one with late stage dementia, and really spoken a coherent word in years. But then about two days on the infoceuticals, he actually spoke out for his wife by her name. It was a very, very emotional situation for everybody. And then on the seventh day, he actually had a full paragraph that was audible and legible. You could understand him with his caretaker.

**Helen Frank**

So one particular gentleman, he was in his mid eighties when he came to see me. He had been challenged with that problem most of his life, probably influenced the age of 30. And whilst he wasn't particularly open to what I was suggesting, he said what have I got to lose? I said, absolutely give it a go. So when I was using the miHealth on him, I was actually sticking in various places. Now because of the extent his injury went back in his, when he was age 30, he





tried every doctor going, and whilst he would get some relief for a period of time, it would always come back. So he rang me the following day and he went okay right, "Helen I've mowed the lawn, "I've been out on my bike. "Okay the pain's gone. "I can't believe after all these years," he said, "I actually I haven't taken any pain meds since yesterday."

### **Lucy Sigley**

Because it was a size of a tennis ball protruding from my neck. Surgeons tried all they could to get me in. I had a lot of threats from the medical profession about what was gonna happen to me. They told me that I wouldn't live to 30 if I didn't have it taken away. I'm 100% sure that taking infoceuticals has reduced my thyroid levels, and made me feel in general 100% better.

### **Harry Massey**

So we just heard from Rachel basically, a little bit about how she uses the scan, and the power of what the biogenetic wellness system can do. But in short, it's basically scanning the energy of 440 different organs, all the meridians, all the mind, body connections, but most importantly, it's really providing the priorities for healing and restoring your energy. So basically we just use it to know which infoceuticals, which are basically remedies that you can then take over the next 30 days in between scans and basically what it is.

### **Greg Eckel, ND, LAc**

Excellent.

### **Harry Massey**

Yeah, we've correct your energy. This is really the most important bit. It's like, how do we correct your energy? And it really comes down to what we were talking about, earlier optimizing your control system. But over time, I mean there's many ways of looking at how you get your health back, and in my sort of world, I bracket it into free. There's that first one we already talked about that we really wanna get your energy above your current energy needs 'cause we've got energy available. You can heal, and there's a bunch of ways of doing that, which isn't totally the topic of this webinar. I'm sure it'll be in another one. And two elicit idea of hormesis, basically where you just generate a hormetic stimulatory response. And really the idea of that is, you take something that's a little bit negative, and a lot of supplements, a lot of herbal medicine, actually works through hormesis. If you take the herb, whole form, it's slightly toxic the heart, but it strengthens the heart, and response or dandy line is a very bitter herb, your liver but it strengthens your liver and detox your liver. So it's just this idea that you give something just mildly, mildly toxic, to the body in relation to certain organ. And then that organ or body will respond. And then there's this



third way, which is really the exact opposite of that. It's like, well why don't we just present the information of how the body can be in the first space? So we basically communicate the optimal blueprint back to the body. We say here communicate by information to the body's control system.

**Greg Eckel, ND, LAc**

What's happening in this picture here?

**Harry Massey**

So, last year in the pandemic, 'cause we weren't into being locked down. So we went and bought an RV, and we were traveling through Montana. And then we saw this merit, this radioactive radar of mine, that was basically sort of open it was a healing place. And I was like, well that's really interesting. Anyways, we turned up, and basically there's these people that go there for 10 days a year, of people who've had leukemia and , and like arthritis, blah, blah. And they basically go there, and they sit in a radioactive mine for 10 days. It makes you feel a little bit sick, almost like, you can feel it after an hour, an hour and a half you like, Ooh you feel a little bit sick. And then the next day and two days later you're on fire, you really bounce back, and there's this great collection of papers. I just reference there, the science hormesis and health and longevity. And you there some papers on the research in radioactivity, and basically a mild amount of radioactivity, so not your heavy chemo doses, but a mild amount. Actually it actually strengthens you.

'Cause the Gama rays will travel through you to micro trauma on the genetic level. Body cells will repair that and make you stronger. And the same that I think it's true for hydrogen peroxide, low dose hydrogen peroxide, god for you, is it's an interesting one. There's papers about this with heavy metals, which I know everyone alternative medicine hates heavy metals, very, very, very low dose. The research is showing that it will actually make you healthier, but not high dose, yeah terrible. I know Wendy Meyers will kill me for saying this, but she hates the heavy metals. Same with EMF with your cell phone. That research is all over there, there's basically half the paper say, cell phones are good few, and half the papers say they're bad for you. And the reason is, is because they haven't looked at the biphasic response part of it. And basically you a really strongly there when it's too strong is not good. But generally the exposure we all get with a few phone calls a day, or whatever it is, over time that'll strengthened you. And I know when I was super, super sick, I actually, I couldn't handle it. It would just gimme an instant headache. I'd have to hold it away. And obviously now I don't have any issue. I'm on phone all day long, like most of us. So your body will adapt and get stronger, which I quite like. So I used to be afraid of a



lot of these things. Most of us probably because we all read all the scare stories and now I'm like, okay well it's just told me, saying with viruses and bacteria and disease, it's like, well you want natural immunity, You want your body to be resilient to these things. You can't disinfect though. If you disinfect the world away, actually your immune system gets super, super weak.

**Greg Eckel, ND, LAc**

Right, develop autoimmunity yes.

**Harry Massey**

Autoimmunity, so as horrible as it is. When you're sick, you have to gently expose yourself, and get a bit more resilient. And I know it's hard. I mean, I've been for it, but the positive side of this is you don't have to do that. You can also just present the body, the positive information, where I do think it's actually be honestly, it's better to do all free. And I was initially healed with what we call infoceuticals, or by information. But to take my healing up to another level, I've also introduced a lot of hormesis since by, I think that's quite a nice way round to do the positive first and then introduce hormesis. 'Cause when you energy's too low, and you're too sick. You just can't handle the hormesis side, or it's just more delicate. You have to be more careful. Yeah that leads us really into this question of, what on earth actually does control biology? Conventionally there's genetics, biochemistry, and all these types of things.

But as far as we're concerned, I think Albert, since Georgie who is a noble prize winner said it best. Life is far too rapid and subtle to be explained by slow moving chemical reactions and nerve impulses. So just break that down. The traditional science pretty much thinks biochemistry, genetics, the nervous system, is basically controlling everything in the body. There's 3 trillion cells in the body that are a route now, not 70 trillion cells that are basically coordinating unit unknown, and an unknown quantity, but basically it's in the trillions of operations every single second. And somehow they're all coordinated, magically all at the right time, this great orchestrator to keep you alive. And can that really be explained, why I can't eat a bit of food? This chemical gets made here, goes into the blood, and then oh, well the blood's then got to get it to your brain cell to your foot. Well, that's a bit slow. The nervous system is sort of really ridiculous. It's like the nervous system, and your spinal column is that thing.

**Greg Eckel, ND, LAc**

You're right, the action potential flowing down the plasma membrane wall, right?



**Harry Massey**

Yeah, it flows down that wall. All of the nerves are different thicknesses, in your little finger, it's tiny. So they're all traveling at different speeds. I can never remember the name, but how each nerve joins up. What's that called?

**Greg Eckel, ND, LAc**

The neurotransmitter junction.

**Harry Massey**

That one, yeah. And then there's junctions in all the way down, but long and short, the nervous system can't really control it, everything Eva. But what it can do really well is set up a field. And when you have a field, you can have information basically carried on top of it. So I see it as more. It is basically there to set up a field, and information is just carried in the field, not by all these pulses, same with the chemistry. Well, just take us back to that thing. Basically we have this idea of a control system in the body, which really is acting above, by acting above biochemistry, and really the most important thing here is basically like, it's really fields that, the govern basically fields, the govern energy. Oh there's another great quote, 'cause haven't got in this deck, but it's basically that Albert Einstein said, "The sole governing force of the particle," then he said, sorry, "The field is the sole governing force of the particle." Meaning even a particle doesn't really exist. It's actually the field.

And we're really talking about information here, but it's basically an information field that is actually the reason any particle exists. And maybe it seems like a stretch, but you could expand that idea to say, well the body field is the sole governing force of life when you expanded up from particles to biology. And so, it's just incredibly important to have your body, basically your field holding optimal information. So, it's controlling rest of your body appropriately. Basically it's just looking at how fields communicate in the body. And sometimes, the basic unit if you take a tuning fork of A and you ring it here, and you have one of B, that one, the B won't do anything. But if you had another one with A, it'll resonate. It's a little bit similar in the body. Your body is basically full of protein receptors.

It's full of protein receptors. And the field is basically communicating, using this concept of resonance, but it's a very high frequency resonance, but basically the field can communicate right throughout the body, and it's also doing it non locally. And that's why you can get all these sort of psychic-type effects. But it also does it instantaneously. And ultimately, I mean I'll say all molecules, including proteins are connected, governed by the field. Ultimately everything is



connected by the field, but sometimes people like to think there's sort of receptive, but ultimately everything is actually interconnected, but this can be an easier way of thinking about it. But the general ideas of the conventional thing, is in cells communicate via protein receptors on the cell membrane, those pick up chemical messages, but they're also tuned to field messages, and our field message actually preferred, it's preferred by nature, because it's many, many orders of magnitude. And I mean, honestly it's actually instantaneous, but because it's instantaneous, it's far more efficient than any biochemical message. If you can pick it up via the field, it'll do that first, and for more the long term stuff, you need the chemical, but there is this field mechanism that comes in first. And I think there are though it's more complicated and easier explanation, but while we're there, we might as well go there.

But when we were talking earlier about structured water inside the cell, inside the structured water, you have DNA, and what water an earth is, what an earth is making DNA and RNA split, and then creating more proteins. The only thing next to the DNA and RNA, is basically structured water, and then well, what is mechanically nudging that structured water to actually split them apart? It's pretty interesting, but basically it is basically when you have in an information field, you've got a source of energy, heat and infrared. So I mean, you need energy, to make something mechanically happen, but you also need the instructions of which comes from the field. So actually anyway, it's actually the mechanisms how proteins are created in the body, is actually through fields, acting through structured water on the gene straightening. I haven't got it in this deck, but there's some interesting... Anyway there's some interesting Russian papers that basically show that mechanism and how it works, but how water literally, mechanically, structured water will actually mechanically move DNA and RNA to split apart, create other proteins when it's directed by information.

Again, it's another way of looking at it. But from a bioenergetics point of view, we talked about optimizing energy in the body battery at the beginning, but really at the top of the tree is this idea of correcting information. And obviously the information we're talking about, well, it's basically the patterns of energy that direct the direct life, that direct how cell works, how gene expression happens, how repair happens, organ systems for basically, basically everything underneath that is the energy piece. Just how we're exchanging energy with environment, which we talked about earlier. I sort of put this whole bio-hacking physiology at the bottom, which all your diet supplements, juicing, call from Genesis yoga. But I say at the bottom, that also means it's a very, very good foundation. So it is, I'm not really ordering them. But the thing is if you change information, which is something so tiny and so subtle, I mean it's so tiny, it doesn't really exist in a way. I mean it exists, but it doesn't have any matter to it. It can have these



incredibly cascading effects, which are extremely powerful. But similar, if your diet is terrible, basically you're always fighting against that, and you're always gonna be distorting information, and therefore distorting energy flow. So it is important to do all it. And obviously the cleaner you live, et cetera, the more powerful something like, well I'd say it's pretty powerful the way around, but it's good to do them all, let's leave to that.

**Greg Eckel, ND, LAc**

Well, yeah you're not going to bioenergetic your path out of a bag of potato chips let's say. So that foundational work that you've been talking about, is really important for the battery of the body to be receptive for all of this information. It's just a stronger foundation for folks to operate from.

**Harry Massey**

You can get super strong healing reactions, even when you're eating terrible diet and stuff. But the problem is, you are always fighting against it. And I hate to say this, but why my co-founder Peter Fraser, the scientist behind mapping the information. He was a little bit like that, he'd only believed in ceuticals. So he would continually heal himself with all sorts of stuff. And then he, rum, and ice cream, and potato chips for breakfast and stuff, and never exercised. And so he was healing himself, or he was always fighting his environment of what he was doing to himself, and that didn't work out for in the end 'cause of that. And anyway, that's a bit of a sad story. But yeah these are just of two of the ways that we do it in NES. One is basically using infoceuticals, which are information free water. And the second is through miHealth device, where basically we're putting information in on the signal of miHealth.

And that's obviously the pictures we showed above of the Lama and the burn were from miHealth device. My story's more about pharmaceutical story, how I got better. And let me just tell you more about infoceuticals. Okay, so the whole idea of memory and water information was, it is had a long history, I mean it started with Hahnemann, who is the father of homeopathy. I'm pretty sure Hahnemann got the idea from somewhere else. I haven't actually tracked it down. That'd be really interesting. I'm gonna track it down beforehand. But the Chinese have talked about memory modern and vibration and energy for thousands of years. So maybe Hahnemann got some of the ideas out of the, I dare say homeopathy. It worked pretty well before modern society got so stressful, so complicated, and so full of other toxins that I think the subtlety of homeopathy got a bit lost in that. Then in the '70s, there was basically a scientist called Jack Beneviste who also, yeah he was noble prize. I can't remember what it's called. The someone who studies allergies. Anyway, he was basically looking at how much cells react to different





allergens. And he accidentally had some water near an allergen. A bit of allergen got in the water and he took the allergen, took the allergen out, and all that was left was the water. Then he noticed that mark, the Marcel that was touching it, reacted in the same way as though the allergen was there. And he was like oh, that's really weird and interesting. So then started doing a bunch of experiments where he electromagnetically would record an allergen, transmit that field into the water, and then see how these allergens would react. He sent this paper off to Nature, Nature refused to publish it, because they hated the idea of memory water, and basically upset too many scientists. So they sent back several, we'll only publish it if you repeat it for three other universities. And he did that and then. So then Nature, they had to publish it, but they had a note saying, but we don't believe you. And then they basically discredit it three, four months later.

And then he mysteriously died, committed suicide. Well, he actually died of a heart attack. Think that was the year. It was the year after two years after. And then basically no researcher would touch the memory and water thing, because it was just such a political hot potato. No one wants some Nature to destroy your credibility, and you never get funding again. So it's sort of dried off. Then Luc Montagnier, who discovered the HIV/AIDS virus also got it, he got a noble prize for that. I think that, well, anyway later in his life, he didn't really probably care so much. He's already got his noble prize. And anyways, actually in his late 70s, he basically would take a virus, take an electromagnetic copy of it, transfer it to the beaker. And the beaker he'd have the base pairs of ACTH and water. He would imprint, sorry he would imprint the information of the virus in there. And then basically a virus would get recreated out of the material with 99.98% accuracy to the original virus. So that was like, anyway, it's totally mind blowing. And those papers were on the web. Again obviously he didn't get any backing.

He's actually gone to China now, as the Chinese government are financing him, and saying he moved to China to follow that research and so the US lost him, 'cause they wouldn't back him, no surprise there. But from our point of view, see on that Professor Fraser like 20 years ago now, what we thought, the insight that we had, was like, well we don't care about viruses, or all these other things. It's like, what if you could record the information of how a healthy liver, kidney, brain, meridian, da da da, is when it's working optimally. So we just recorded basically healthy information instead, and imprinted that into basically mineral, basically mineral water. And that became infoceuticals. I say there were 10 years of experiments done on me and a few other test cases. And that's basically what the range of infoceuticals. And they were like 2,200 of them. And there were dialed it down to 72 that are in the system today, and then treated. I think it's more than 120,000 patients at this point with that, we get all these great stories back, but what's more



exciting, more exciting is like this year we've hooked up with San Diego university with professor Hemal Patel, and Toby Moeller-Bertram. And they have equipment that we just didn't have access to. And so, they're taking, actually what we've already got, but they're verifying all of the effects, which I'll get into a minute, which is pretty exciting. So anyway, here's a video professor Hamel

### Hamel Patel

Hi my name is Hamel Patel. I'm a professor in the department of anesthesiology at the university of California, San Diego. I have met Harry Massey back in April at a live Dr. Joe Dispenza week-long Advanced Meditation retreat that we were both attending. It was my first time attending one of these retreats. We've been working with Dr. Joe for over 14 months on looking at the molecular and biochemical factors involved in meditation. Joe had been trying to get me to come to a live retreat. For a number of months, I had resisted, but the data was so compelling that I had to go. And it was interesting that Harry and I met at this event where my mind was expanding into possibilities of frequencies, and how these could modulate health. And it was opportune that Harry and I met at this event. And I'm a big believer that things don't happen by chance, that there is some cosmic force bringing things together.

Harry and I talked, and then we've met a couple times after he's introduced me to some of the technologies in his company, as well as some of the products that they're working on. And he introduced the concept of infoceuticals. The fact that you could quantumly entangle frequency into media, such as water, and that this frequency would then have various health benefits, depending on the type of frequency. This as a skeptical scientist, I thought no way. I mean this is impossible, that can't be, there's no way you can entangle information into water and then actually transfer it into a living system to get an effect. As a curious scientist, I took him up on his offer to send me some of these samples to test in my laboratory. And we blinded all of the tubes, and we subjected them to a variety of assays. One of the assays we did where Harry will show you some of the data, is we exposed cells in a dish to a pseudo virus for COVID, as well as a pseudo virus for HIV. The cells were pretreated with this infoceuticals, that targets immune function, and the effects were dramatic.

We saw that with even a 10,000 fold dilution of the infoceutical. We saw a dramatic prevention of viral infectivity. This doesn't happen by chance. And so my interest was peaked. We've started looking at various ways to look at the physical properties of this water. We've done some rudimentary, fundamental tests in my laboratory, and we see that each one of these infoceuticals appears to have a unique signature. And that suggests that there is some



entanglement of frequencies into this media. We're excited to see the possibilities for the future and where this can go. And I think a more famous scientist than myself said it best, "The future medicine will be the medicine of frequencies." And we're very excited to see where some of this medicine and frequency can lead us with Harry and their company.

### **Greg Eckel, ND, LAc**

So I know you led with professor Hamel's research at the beginning of the lecture here today. And now we just heard from professor Hamel. So, maybe go through on some of the next slides, and interpret that into lay public terms as to what we just heard.

### **Harry Massey**

He did a bunch of really interesting experiments and actually these experiments are ongoing over the next few years. So he's actually, which is great. But one of the things that we really wanted to know with our infoceuticals, it's like obviously we have been imprinting them with different information, but chemically they're all identical 'cause we basically make 100,000 of them at a time. There's a big vat of water, and in a pharmacy who gray clean factory, we had all minerals, et cetera. And then they're all bottled. So then we get delivered 100,000, chemically identical bottles. And then we imprint them with information, and we are basically using red, green, infrared, ultraviolet light. The information is carried on the ultraviolet, and the infrared part of the spectrum. And then it's also 10,000 folds electrostatic charge, just so there's a lot of free electrons around. And basically that's enough to be able to transfer the information into the structured water that's around basically in each infoceutical.

But what we wanted to know is like, well, is there any sort of machine that you can tell us that this imprint is different from this imprint, is different from this imprint 'cause to a conventional scientist like, well, no there's just all the same. Anyway, there's a machine called an electron paramagnetic resonance machine. That basically will show different spectral characteristics of tested substances. Anyway, these that on the different pharmaceuticals. And here's just an example of what you can see here. So, really the only important thing to note is, when you're looking at the control water, is there on the left hand side, and when you're looking at each one, so we've got ET1, ET2, ET3 here among these other ones, we've got these different brain infoceuticals, but each of these spectrographs are basically all different, which is basically pretty well. I don't know if we were expecting it. We didn't know if information would necessarily change the paramagnetic resonance, but anyway it did. So that was pretty cool. And they're also doing, basically they're doing a lot more tests on this, so they're basically testing it on different days, different weeks, et cetera, et cetera, just to make sure he's same. But these were just a few



tests that they did, which obviously, as we heard in professor Hamel's video, he's like, oh there's something going on here. 'Cause he wasn't really expecting to see any difference, but it's a pretty big dramatic difference between each one. It shouldn't happen as they're chemically the same. So that was interesting. And then the more interesting thing for us, is they can basically take actual live tissue. And so in this case they took epithelial lung tissue. That's basically just prepared in standard medium. And then basically we would feed it with the infoceutical water. In this case, it's the dreaded virus that cannot be named. And we're basically then looking at how well the dreaded virus could basically penetrate into lung tissue over a 24-hour period, and just measure that in infection rate.

And then they measure it with say, another very expensive fancy machine, look called a spark, called a name. And basically they're looking for, I think this just measures the amount of red fluorescent. And anyway, it releases a red fluorescence protein inside of the cell as the virus penetrates, and they can measure the amount of red that's reflected out of that. And what's pretty interesting here, say this is with a sort, yeah, it's within an infoceutical, we call ET2 and I'll say, I'm not gonna say what it does. And it'll basically anyway, basically it gives a protective immune effect. And the other thing that's sort of interesting from this is the dilution theory, and we're not necessarily sure. So we need to do more experiments on this, but it's this idea in homeopathy that the more dilute something is the stronger it is. And in our infoceutical research, we haven't found that.

We've actually, from a pure infoceutical end, we've actually found more drops, can have a stronger effect, but basically from what Hamel could see on lung tissue, only really all that mattered is the message and the information, it didn't actually matter the dilution, but he also said, 'cause we're giving this directly on the lung tissue, and it could be a much bigger dilution when we're drops in the whole body. So there's more research experiments to do there, but it's interesting, but the more important thing is the effect.

### **Greg Eckel, ND, LAc**

This is pretty amazing. So I just wanna put a big asterisk at a highlight, and an exclamation point here for everybody. You just said that, so nonchalant Harry, but I know it's not something that we could broadcast on high, but in this summit I definitely wanna bring attention to this because this is big, this ET2 protected against viral infection rate. I mean in tissue, this is what was found. This is science that you actually, we can report on it in that, it stopped the replication rate of the virus too sure. And that's a big thing. So, I just wanted to give a little bit more emphasis to that slide.



**Harry Massey**

Yeah it's pretty wild. I mean the next one was even, yeah I mean this one was actually even stronger. I mean, this is a 50%. I mean this is basically, not that you would necessarily want to infect along with an HIV virus, but basically they had some HIV virus in the lab. Again, we're not making any claim here whatsoever. This is just an experiment in the lab, but basically it's able to slow down the infection rate of HIV, by double basically though, it would cut it in half, which was pretty interesting. And I mean we're slightly delicate area, in the world of bioenergetics, really our whole thing is to correct the information that feels, and energy to really help the body heal itself. So it's a little bit delicate, but I think you can see the power of this space.

**Greg Eckel, ND, LAc**

Yeah, well put.

**Harry Massey**

There are gonna be papers written on it, which I think will, they'll come out in 2022. It won't have the... Anyway it won't have the company or any of the products referenced 'cause of claims and all of that. But yeah, you'll be able to read these papers. Yeah so, you might be wondering, how we're encoding some of these things. Now while there's actually a lot of different methods for encoding, and how we encoded information in Nest with piece phrase is a little bit different to this. I think this is just a nice example of how you can encode a chemical, and say mostly in Nest, we're not encoding chemicals 'cause we're really encoding the healthy blueprint of how tissue is. But in this case, actually we took, you can take aspirin, you can put the dilute, you can basically dilute aspirin in a vial.

You can shine like a red laser for, use the red laser to pick up the information from the aspirin, like the molecular structure. Record that and then you can basically, we then send that to the imprint, and then you can basically imprint blood. So basically on the right hand side here, we've got a slide. We've got a slide with two drops. So, blood and basically the one that's, the way you can see the blood sliding off instead of using real aspirin. We're basically, again just given the person an infoceutical, either information, they've just drunk a glass of water with the aspirin, the digital aspirin imprinted in it. And then their blood basically ends up viscus. And the one before was their blood before they drank the digital aspirin. And so then see it full off. So it's just another good visual where doing it.

**Greg Eckel, ND, LAc**

And a proof of concept of...



**Harry Massey**

Proof concept yeah. And one of the other experiments that was done with digital aspirin was with another British researcher, where they would basically take two vials, put yeast, sugar, and water in both of them. But then they would basically imprint one of them with digital aspirin. You can see on this graph below, but basically the one that was imprinted with digital aspirin, it basically lured the amount of yeast growth overall those time periods, because basically digital aspirin will lower sugar-like, lower the sugar levels. So yeast could burn up. So yeah, it's just another visual demonstration of how something like, well basically how a field can affect biology. Ultimately it's just try up yourself really, 'cause it's the better way.

So I think ultimately to summarize, it's really down to a couple of things, but basically if you correct the information and you optimize your energy, that's basically how you get health. 'Cause if you're exchange, if you're exchanging energy in the environment, you've got plenty of energy available for heat healing, and you've made your bodies control system more efficient, basically by providing it with the right information. Pretty much the body. Well that says it here. Yeah the body is the most miraculous doctor if you give it the energy and information, it needs to heal itself. And that is the message really, it's like we can, well we can all heal ourselves just but really just supporting and helping them.

**Greg Eckel, ND, LAc**

I love it, that's the key, the giving the body the information it needs to heal. So thank you so much for that presentation. And that was a ton of information.

**Harry Massey**

Yeah, the only thing I'd add to that is, if that's of interest to you, and you wanna try out, you wanna try out the system, or interest in being a biogenetic practitioner coach on this, I know somewhere on the summit page, will be a link for further information. So just go and check that out.

**Greg Eckel, ND, LAc**

Definitely, check it out, click the links. There's so much information out here, and we're here to support you. So, it's definitely, we're very passionate about it.