



3 Powerful Compounds to Reduce Neuroinflammation

Jason Prall
with **Isaac Eliaz, MD, MS, LAc**



Jason Prall

Well, I am so excited to introduce our next guest Dr. Isaac Eliaz is an expert in the field of integrative medicine, focusing on cancer, detoxification and complex conditions. He is a respected physician, researcher, bestselling author, educator and mind body practitioner. Dr. Eliaz Partners with leading research institutes including Harvard, the NIH, Columbia and others to co author studies on integrative therapies for cancer, heavy metal, toxic the city and more. He is the founder and medical director of uh, medical clinic in Santa Santa Rosa, California, where he has pioneered the use of therapeutic apheresis as an adjunctive blood filtration treatment for chronic degenerative conditions. Dr. Eliaz, welcome.

Isaac Eliaz, MD, MS, LAc

Thank you. Thank you for having me. Absolutely.

Jason Prall

Well, I'm excited. As I mentioned to you before we got started, I first got introduced to one of your sort of core products that you developed called Pixel, maybe 10 or so years ago. Didn't know who you were, but once we got introduced, I said, you know what? Like I I got to give this is do because I've this product has been fantastic for me. And this isn't really a pitch other than to say that, I had some real detoxification that I needed to do maybe 10 or 11 years ago. Uh, really bad skin issues. I had some joint pains and really needed some cleaning up and packed is always one of those things that I stumbled across. I read some good reviews, and found some people that I trust that was recommending it, and I gave it a shot, and it really, really worked. So anyway, I have got, like, a one gallon tub of it actually downstairs, So I've been using it off and on for 10 years, But back then, it really, really saved, uh, day for me. So amazing job with this product. I'm just curious, kind of how you got into that castle. It's not like you know, vitamin D, your vitamin B 12, where everybody's got a product like that. There's really only one of these, and I'm just kind of curious where it came from in your mind.



Isaac Eliaz, MD, MS, LAc

You know, at first it's amazing that you're introducing it for detoxification, while the initial role of picture sort of modified it, respecting within oncology.

Jason Prall

Really?

Isaac Eliaz, MD, MS, LAc

For years, I discovered the detoxification in early 2000. So it's a storey. I write about it in my book, The Survivor Products. I am a native of Israel and I'm in my early sixties I finally wrote a book, and so I was 12 years old and we were walking in our neighborhood to Dr. Ruth and Leo Corn, which were pitched this inorganic chemistry in Israel. Israel at this time was a pioneer in Citrus in and out of the blue with turned around and said Isaac, one day they will find a cure for cancer from the Citrus peel. 24 years later, when the first research by Dr. Avram Roz, which I collaborate with now came on, modifies it, respecting, blocking, collecting three and preventing metastases in animals, I called him up. I said was, It's either calling you from San Francisco. I was studying Chinese medicine then and, uh, practicing the licenced acupuncture res and my medical degree from Israel. But it wasn't transferred yet, I told her. I don't expect you to remember what you told me, but I remember, and she put me together with these researchers that experts impacting and we developed this unique modification and So it was the first commercially available, and now we have over 80 published papers. 80.

But it started with psychological support, nutritional, psychological support. And then, as I was working with him, I was noticing joint pains are getting better, memories improving and the gut health is improving. I realized it's actually attenuating. It's a basic inflammatory, inflammatory and fiber optic pathways. And I discovered it's removing heavy metals, which I discovered because regular objectives were used in China. Bill on Children. And so I made the Connexion and I got you know, I got patent. It was my discoveries, and but now it's so much bigger than me. They are close to 10,000 papers and collecting three. The reason why you are describing is so significant because people who don't have your level of discrimination say, Oh, it's another binder. No, no. When you take binders, you get an inflammatory response. You get sick. When you take back to Seoul, you get better because it's attenuating, the inflammation ageing. It's regulating the collecting three driven survival paradox. So, you know, we talked before the before the interview about our own journeys with meditation and healing and, uh, the decade I spent on my own every year for months in the mountains, contemplating so and all these various



esoteric teachings boiled down for me to something very simple that our heart is infinite healing potential. And that's what drives our illnesses is the survival paradox. And, of course, from a spiritual point of view, as long as we don't recognise that everything is changeable, we hold to what is not going to stay the same. That's the deepest definition of survival. But from a practical point of view, the survival is what drives every disease. And that's the paradox and especially narrow inflammation. And maybe if it's okay, I can share, like 11 slide and kind of like, uh, demonstrated, you know?

Jason Prall

Please. Yeah, I opened it up, and it's interesting. I'm familiar with the title of your book, and I think your assistance is sending me a copy. But I didn't really know what the survival paradox was about, and interestingly enough, I've got a book coming out in December, and I talked about this very same thing, which is that we have these amazing adaptive responses that end up leading to chronic illness right?

Isaac Eliaz, MD, MS, LAc

Exactly. Exactly. Absolutely. So what happens? Because we are built to survive. We are innately built to survive every cell in our body, our organs, our whole body, including the brain, which is the focus today. So initially, and Briana Lee, it helps us to create healthy, healthy organs, healthy cells. But as we go through life, it becomes our repair system. So because it's automated and it's built in, the initial response is automated. We can't control it because it's so in eight. And that's the autonomic nervous system response, and it activates immediately upon threat. And this is a fight or flight where you get the increased heart rate directed airways. You know the sympathetic response. The fight part is the inflammation. The flight part is hiding.

The bio freedom, the arterial sclerotic plaque, the micro environment, the hypoxic environment, the damaged brain tissue, the Alzheimer plaque, which is 10 fold collecting three. And we can balance it on the sympathetic system by moving to a parasympathetic system. Like we know that, for example, there is research on the brain with skins done in U C L. A. The people who meditate the longer every day, the number of years and how long they are they will preserve the gyros. Isn't Sulka in the brain? So in the diagram here, you can see what happened. We activate sympathetic system and we try to rest. But as a traumatic events epigenetic genetic pesticides and toxins, injuries of life We moved to this damaging areas with its, uh, with with its damaging effect. So that's the first level, and then it affects the cell metabolism. But then we get the biochemical response and the biochemical response is already is already is already



coming from is already coming from a protein called collecting three, which have been researching for this decade. So this is a protein that this is in terminal and that's where it binds to different Legans. Nasty likens, and when it binds, this creates panta males. It creates a lattice formation, and this prevents tissue for getting oxygen, and this drives every chronic disease. So, for example, these are some of the ligaments that are drives that are attached to here. So from a point of view of the brain is the gags is the n. G to the nerve and glial antigens. So We are getting the micro clear activated and it doesn't stop working. And that's why a small change, a small change in in, in, in collecting three will end up, causing a big change in the way that we function. You know, we can see the different things that can cause this oxidative stress, chronic inflammation and then all the stuff that kind of gets us sick. So the idea is that today we want to focus is what can we do about it? Because we can do a lot of things about

Jason Prall

so black and three is a protein that the body makes it. So it's gotta serve some valuable function right? You and I both know there's nothing in the body that goes to waste, so it serves a valuable function, you know, give me an example of when it's in main. It's maintaining balance and useful function versus when it gets tipped over

Isaac Eliaz, MD, MS, LAc

and Brianna lean inside the cell, not outside people get confused. It helps, for example, normal kidney development. It also is it turned on the alert system, so it turned on the cytokine storm. It's very valuable when you turn it on and when we are young, we can turn it on and turn it off. The problems that contrary to them, to the economic nervous system, it doesn't turn off.

Jason Prall

So we're losing control. We're losing control of the switch,

Isaac Eliaz, MD, MS, LAc

right? Well, this is our survival response, and because it's so innate in us, we just don't know how to turn it. It's built in us, you know, you and I, every person listening knows we live in a reactive life. We have a stimulus and we react to it. The transformation is when you move from reactivity to responsiveness, when you move from your head to your heart and it's very different. The head needs to think, needs to analyze the heart flows without holding to anything. The moment the heart start thinking we are dead in 60 seconds, you know. So it's a fundamental different, and we won't have time a lot to talk about the heart today. But it's really what the transformation happened on the deepest level, and that's why collecting three is the most damaging in vibe



robotic heart disease when it makes the heart stiff. So if we look at his response, it may trigger the initial response to infection, but then it causes the whole deterioration. And part of my thesis was it because initially people were dealing with chronic illnesses. In addition to developing practise all, I developed a concept of removing elected threes to therapeutic apheresis through filtration of the blood. And I have a medical device company and a lot of research. And so my first NIH grant I made as an assumption that collecting three will in stimulus of sepsis will rise before interleukin six. And if I block it or remove it, it will actually attenuate the intellect and six rise, the kidney failure and death. This was pre covid no many years for covid in my thinking. Now, of course, Covid. Everybody knows the cytokine storm is what kills people. No matter if people are sick because of covid or the other reaction from the vaccine, it's the same pathway. There's no difference.

Jason Prall

So this galactic three is kind of upstream of a lot of influence.

Isaac Eliaz, MD, MS, LAc

Exactly. Exactly. So you can see our researchers were published in a very good critical care journal. You can see that collecting three will go up to fold, maybe to an effort into election. Six will go up 1000 fold because it's downstream. And that's why all these treatment that tried to block into 11 6, none of them work. It's too late. It's like you have a water fountain and you try to keep the water with the bucket at the top instead of closing the holes at the top. So we have shown when we block collecting three, we attenuated everything else. And now we have a second very big grand, because if we prove safety and large animals were going into the clinic into the sepsis into the I. C. U. S. And with what I think we may be able to offer, the solution that is so needed to treat sepsis, you know, would have saved a lot of lives in the last two or three years. So that's on one level.

But the same process dry and as we age, our ability to shut damaging things off is lost. Is lost, is lost because every injury and some of the injuries are not genetic. Epigenetic traumas are habits, so part of the deep healing is letting go of these habits and trauma as you see, we've seen our an epidemic of mass cell activation and allergies, but everybody's over allowed. Everybody is an over reactivity. I mean, all these illnesses, you know, Jason, their reflection of the bigger environment, right? The Microcosmos Microcosmos. I write a lot in my book about it. So while you can see I have a little bit of a larger view, I make my discoveries and my work based on the biochemical processes into a cellular. How these things will affect what will happen to a cell when it's safe compared to what will happen to a cell when it's, when it's when it's feel threatened. You



know, this is a great example and throwing another slide just because for the fun of it. So this is This is the same in the brain. This is just in cancer. You know, that's a normal, safe sell. It uses glucose in a very good way. You know, p 53 is active suppressing cancer like college. This is not overly active. And then you get a MP, okay? Blocking them to one. And then glucose comes very well into the mitochondria. 36 80 p per one. Glucose the brain is happy. Then you got stress. You get collecting three inflaming the area. The receptors for glucose through insulin are blocked. A M p. K. Is blocked. And then Rosenman of us for kindness, MTU one gets activated. There is survival response age. I f gets activated hypoxia and using factor this in central activator. You block the mitochondria, you go to lactate much faster metabolism extremely damaging. Hypoxic. The brain cannot handle it. And then you get you get narrow inflammation. That's what happens here. No one is activated. M. P k is not working. Age af stimulates this enzyme and here you go. You know, this is blocked and everything goes into unhealthy metabolism.

Jason Prall

Well, and And this and this, you know, we can see this on the macro level to write with hormones. We have things like adrenaline right, which is an unbelievable fuel source, which is so fantastic when you need it. But you cannot run.

Isaac Eliaz, MD, MS, LAc

Absolutely.

Jason Prall

So we get this metabolic chaos at the cellular level and which again the body is designed to sort of move in and out of that right. It's not a it's not a Dane. Your situation in the moment. But when these what I find to is that we get, we get pattern locked right at so many different levels of biology, right? And then even when we remove the stimulus or the stimuli that originally caused that whether it's mould or whether it's a traumatic event when we're young, sometimes the body can remain in this sort of pattern lock because it is so adaptable, right? So it's really interesting. And I think this is where I think about, you know, things like practise all and some of these other sort of inflammatory modulators like it can actually get us unlocked from these people.

Isaac Eliaz, MD, MS, LAc

It's really important the inflammatory modulator will affect the inflammatory response. Inflammation is not the cause of anything. Inflammation is the response. That's why this book is



a paradigm shift now. In the book at the end, I hint on How do you get rid of the survival paradox? That's a big one, and that's when we realized that everything is changeable. So what happened? Because somebody, and it's really important to recognise and respect it also psychologically, because the body wants to survive, it will always do the best it can at the moment. So when we had a stimulus, when we were young or our ancestors had them or my grandfather had it in the Holocaust because turnout of his 12 siblings get killed by Hitler and and we never talked about it. And then I am named after a minute affected my health. That is pain in my chest. All my life, you know, with yoga, with everything. And I realized, and I let go of the pattern. Suddenly, my mother was able to start seeing, uh, programmes about the Holocaust. He was never able to without me telling her, That's a multi generational healing. So what happens? The best we can do is what you call a pro symptom.

It's a symptom which is a result of the best we could have done. The problem, just like you you were so eloquently articulated, is that we hold to the patterning and we consolidate the memory and we re create it. That's the idea where the scar injections, right? You inject a scar anesthetic for 45 minutes, the skull gets smaller and whatever it gets smaller, it will never come back. Why? Because you disconnected the Connection from the physical trauma to the brain. So this, in this sense, from a biochemical level only collecting three blockers can do it. You know only that's why pictures or is such an essential supplementing your storeys in a very you know, it's not on one of the prime users of it, even you know. So then, of course, we want to see what causes it in general and Co. What causes in the brain and in the brain. Here it's collecting three, but it's also pesticides and micro toxins and heavy metals. And guess what? The combination of them you know, there's not. We always We always love to isolate.

You know, Like I always say, the only protocol I have it. I don't have a protocol, but I know now, and I wouldn't have said it. 10 years ago, pictures were modified. It was speaking as a foundational supplement Everyone needs to take and you get vitamins from food and get vitamins. You are blocking the driver of ageing, and we see it in our biochemical relapse studies in prostate cancer on a long term basis, but on a basic way. And then you got to get rid of your toxin, and you've got to prevent absorption of toxins. And you have to maintain your circulation because there is no good quality blood coming to the tissue. The tissue goes into a survival one, and then the whole cascade starts again. So, for example, looking at the brain collecting three will disrupt the blood brain barrier so larger molecules that are not supposed to go in will go in. For example, life was it attached to certain heavy metals, and then and then when you have a lack of supply of oxygen or blood, was the brain. So, of course, talk to us. But we have. We have



problems with supply to the brain that takes a fraction of a second, and we don't notice all the time. If we block our neck, you know what happened. It's called profusion. Injury re profusion. Blood doesn't come for a second, and then it comes back collecting. Three. Remember survival, injury repair. It goes immediately to the area and start an inflammatory, damaging response. It activates the micro clear, and there are studies that study published this year showed. Then when you apply mod effected respecting to such an injury. You reverse and attenuate the damage.

Jason Prall

Okay, so I'm gonna party there because this is really important what you're saying when it comes to the microglia. I've attended enough functional neurology classes that when the microglia start to get inflamed, it's very hard to shut them off. In other words, they don't naturally shut off very well. And this is why when you get this sort of inflamed brain, this chronic fatigue, these these head conditions, these cluster headaches and migraines and what have you it doesn't easily resolve. And that's why so many people struggle is because that inflammatory response to the micro level is so hard to turn off and attenuate. So I didn't realise this that that modified secret inspection can do that.

Isaac Eliaz, MD, MS, LAc

There are quite a few papers that were published, but especially because collecting three does it systemically to the macro fate, turning them into inflammatory micro face. And then you have all the cytokine stone or you have the through TNF t g f better one, the fiber optic pathway. It's all you said. It's the upstream. It goes both ways and you end up with the dysfunction. But in the brain, It does it to the micro glia. So, yes, So you have to have this another substance. It goes into the cellular level and regulates the function of the brain is from Magnolia back. It's called honokiol. So this slide originally is really from from a slide on the honokiol. Also in cancer, actually, but the same forever inflammation. And because this is really what happens is that, uh so you think about this abnormal cells in the brain. So what happened, or ne Tokyo will stimulate PK three and pity and it will block a Katie. It will block into one. It will block a J F. And it will stimulate the N p. K. So it will push the cell back to here. And that's why people will take a little bit of honokiol and you need much lower dosages for brain. Just one capsule twice a day of 250 milligrammes. When you use it in this way, then you are getting an intracellular regulation. And, uh and this is why we have, you know, we have discoveries and papers and the antioxidant anti inflammatory synergistic effect of mod effected, respecting and on. Okay, all that's the intracellular effect. So if you do this and then you got to clean your brain



and you've got to balance your gut, you know you are. You are a practitioner and deeply involved with Asian medicine. So 2030 years ago, integrated medicine, functional medicine discovered the guard brain Connexion, you know? Yeah, it's the basis of the spleen stomach school in Chinese medicine for decades because we have the mental digestion and we have the physical direction in the gut. And, of course, they're gonna take each other. 90% of serotonin is produced in the gut, so whatever disrupt the gut will disrupt the brain. And in this sense, we are in a losing fight where we have life. Was it come into our body every day? We really don't have a chance because it describes the gut lining. It causes large molecules to come out that will create, you know, autoimmune response, and then the guts send signals to the brain. You know, when you cut the vagus nerve, you have reduction in Pakistan. It's a gut brain Connection. And then we got this amazing synergistic, harmonious friends in our gut called the Microbiome, which are so important for us, and they helped to produce the right network transmitter.

Well, they are disrupted by life as it now throw into this micro toxin especially okay toxin, eh? You know, and some heavy metals and then some This bio sis and and, uh, we are in trouble. And in this sense, so for me personally, I've noticed a certain picture that I was expecting to get better, and we're not getting better well enough. And then, I mean as wow, I bought into the concept that a little bit of life as it is. Okay, you know, which is ridiculous. You know, I'm sure you have so many patients. Friends? They tell you when we go to Italy, we don't have gluten sensitivity. We can eat cluster, we can eat bread. Germany the same. Then we come here, we get sick. Why? It's the glyph. Is it that we you know, and the GMO here. So I'm working at a political life for detox, and we just we're doing a clinical trial. We just got our 1st 44 cases, and it's remarkable our ability to reduce the level of, uh, of life, is it? You know, when we check the urine, it's very promising.

And so now and also we're seeing some reduction in, uh, micro toxin. And I'm trying to find the slide, which, of course I can. But it's okay. Here it is. I just want to show an example of this. So this is really a try it that that that is going to allow us to know it's really a winning hopes to this one. Here we go. I just want to show. So this is people taking to twice as you can see, very high level of life, is it? And you can see the reduction. So it's interesting. You can see the reduction the higher it is. You know, it's you can see the proportion, right? So this is pretty much every population a little bit under it. So this is really three basic things that are dramatic for the for the for the brain and the other parties. We got to maintain circulation and antioxidants support. It was the brain and support the mitochondria and also different compounds in the hospital. counted in an a D L condos in the an ancient Tibetan based formula called Paint My Basic, which a lot of research on the brain and some of the sophisticated herbal formulations will also have a



an antioxidant benefit will also have an immune regulatory because somehow this the wisdom of botanicals. You know, there's very different when you use it a life substance and the minerals, for example, in life for detox. Because life for that affects our plants and meat affects our waters. I affects our minerals. There's a principle in Chinese medicine and everywhere When there is a problem, there will always be a solution. So I picked solutions from the mineral chill aji and folic acid. I picked algae in it and kills because help is the lives. They can also pull negatively charged and we met. I picked high molecular packed in no Time CP because in the gut and and and then I picked glazing to help with exchange with life as it were getting great results. Especially, we expect the soul because of the collecting three. So it's one of my crusades. Among a few others right now is to really bring this to the forefront because I usually don't talk about a problem unless I can offer a solution. Because what's the point? You know?

Jason Prall

Yeah. No, I I agree. And I'm glad to say it is such a tricky one, right, Because it is essentially everywhere, right? And I've been eating organic for a long time, and even when you get organic food, there's still glyphosate, right? Like so they're finding it in the Arctic, right? And in snow. So it's really made its way around the planet. And so to say that we can avoid it is sort of, you know, ignorant and this becomes the solution is finding these natural ways right to help escort this out of the body. I'm a huge fan of saunas, right. So you can do this sweat as well., but but using these tools you know, like modified Citrus packed and and another one I love is the allergies, right? Things like spirulina and Carella getting really good, clean sources, and there are similar in the sense of modifieds introspect. And when it comes to binding things and modulating the immune system and you can take these ongoing, which is I'm sure you love binders. You know, like the clays and the charcoal. Yeah, of course. But you can't take them forever, right? You've got to. Actually, you got to get off of them because they start to bind things that minerals and things that you need, right? So we can't stay on this forever. So this is really becomes the solution is to get in these natural plant based products that can escort these things out of the body on a continual basis before you run into problems. And, uh

Isaac Eliaz, MD, MS, LAc

and it's very safe, you know, because some of these other, like Lorella or they can also deliver heavy metals from one place to another place, which is a problem. Sall will not do it. It will clean with the gradient. We have shown reduction with the MPs. After the MPs challenge, we have shown reduction in mercury. We've shown reduction, everything is published. It's human data, you know? So we've shown reduction.



Jason Prall

How does it do that? How is it that it's escorting these heavy metals out of the body so effectively

Isaac Eliaz, MD, MS, LAc

there is the secret in the M C P r The side branches of, uh, natural natural, uh, natural sugars like a rugby nose and and and some other ones like silos. And it's called Romney. October one and 2000. And two, like in the practise of 10% is one and two were published with the U. S. D. A well known and two is immune regulating, uh, carbohydrate in mistletoe and melatonin to has a very strong affinity to bind to heavy metals, especially led so it binds to it. And then it excretes it very, very slowly, you know. And so it's really like a systemic scavenger of heavy metal now, because heavy metals bind to oxidised, lipids and lipid can be bound can be found in biofilm. Well, the basic structure of biofilm is collecting. Three. It's a backbone, so you were. So you break the biofilm and then you bind to the heavy metals and you regulate the inflammation.

That's really what happened to you. You detoxified and you didn't get aggravated. You got better, you know, And that's the magic of practise. So when people say, Oh, I use this as a binder. You know, it's like an insult for practise or a binder as well. But it's so much bigger than a binder because it regulates the damaging effect. So it has the ability to break up biofilms because the biofilms the basic structures are going through is like the bus driver, and it ties to glycoprotein screwed like a lipid, you know, and it ties to different molecules. As long as there is some kind of electronic acid, it will buy into it, and it binds to blatantly binds to receptors on the cell like insulin receptors, for example. So it will change the moment you change the extra seller milieu and the membrane malu. The sale environment will change, and we have to remember we are a community of about 50 trillion cells and rounding up and it's sell.

You know, Jason has close to a million reactions a second. So you and I, and everybody listening or watching where all miracles, because for 50 trillion cells to manage together with one million reactions, the second is truly a miracle. But every cell is a boundary. It takes nourishment and it throws off toxins. But it knows that it's part of a community and When the time comes, it will let go into apoptosis. When the cell decides it wants to survive, it goes into a survival response. It creates a micro environment. It doesn't listen to the environment. This is per definition. What happens in cancer? That's the definition of what happens in auto immunity. That's what happened in a more indirect way. Metabolic diseases. But they still communicate. So the organ that regulates all of this does it by providing nourishment and safety to every cell. And with that, it is the heart, because the heart is the only



organ in the body that thrives and survives on taking all the junk from everybody else. The heart doesn't get dirty blood. It doesn't function. It connects with the universe because our drama is non-existence for the universe and you know a little bit what we talked before. People don't recognize it's mind-blowing. When we breathe, we are connected to the whole universe. With this little bit of air, the whole universe past, present, future, we are connected. That's why if we don't take care of the environment, we're not taking care of ourselves. It's a reflection, and then the lungs don't do this exchange and then we nourish without discrimination, right? There also is a stiff artery. It doesn't discriminate. That's typical of the heart. It's the mind, the thinking, that screws things up. And who does the heart nourish? First, it nourishes itself through the coronary artery. It nourishes itself in order to nourish others and as part of nourishing others very different from now. Statistic things.

So this observation I've made to my best knowledge, they were not made before. And I told myself, Wow, the heart is also the only organ that nourishes itself after it finishes its job only at the end. Once it's done, it's selfless work. Okay, now I'll take some blood, you know, no other organ does. You think about it, you know. So this means that we have the physiology to transform suffering and poisons and toxins into love, compassion and nourishment physiologically so they're not surprising that meditation, like extending suffering with love and compassion, are taught within hours. And we can feel a difference in the day while meditations that tried to expand our mind take years. Right, because here we are fighting a survival response. Here we are connecting with who we really are. And that's the essence of every spiritual practice. As esoteric as it is, is reconnecting with our heart in Judaism. It's called the *Tycoon* the fixing, you know, they're going back the fixing of our dualistic experience or it doesn't matter which tradition. So when you do it, then when you talk, you talk from your heart.

You know, I talk to you and I'm talking from my heart. I think from my heart not always. But I'm trained in it, you know? And then we know that the heart has more power transmitter than the brain. There is a huge flow. The electromagnetic field of the heart is 100 times bigger than the brain. So what we feel in our heart is right now, affecting every cell in our body and people around me, you know, like a few hours. It also transferred often when you talk on Zoom, you know, and that's, uh, that's the value of reminding ourselves, and we all fall into fight into inflammation in the contraction. But we always have a choice with every breath and with every thought to change it. That same permanent. That's why the heart is infinite potential because everything changes when we forget it. We're going to survivor mode. We get damaged and the brain leads away because it's such a sophisticated computer. And in this sense, how can



we help it by detoxifying like we talked by regulating the interstellar space by regulating the blood brain barrier by understanding the gut brain Connection and by creating a sense of community within ourselves and outside of us. And, you know, there are some nature. Teachers are, for example, if you look at the beehive, it's a great example. Our baby is part of a much bigger community, you know, and it's the health of the community. So the more we recognize it, the more our body will be able to heal and recover, and the more our communities will be healthier. So that's a real child journey of healing. But with for the brain specifically, it's really detrimental if we fall into this pitfall.

Jason Prall

I love that, and that's that's really seems to be kind of the essence of this presentation today, which is that we take care of the brain by taking care of other aspects of ourselves, right? We fix the brain through the gut brain through the heart, right. And with these simple tools, we cannot only recover from various no injuries. But we can prevent them. Right? And this is, I think, the biggest thing for many people I know as we get into our sixties seventies and eighties, there's this real sense of I don't want to lose my capacity, my mental capacities, right? And so, by detoxifying, by preventing the glyphosate and the aluminum's and some of these things, uh, and and the infections that make their way into the brain that end up causing all this neuro inflammation and damage down the line. it's really protecting us. So this has been amazing. I fell in love with your product more after this talk than I already did. I didn't realize it did as many things as it did. So I'm shocked at that. I thought I was already a big fan, but, uh, it's amazing. So I just want to thank you for all the work that you've done developing these products and and researching them with integrity, right? I mean, this is a really, really critical part of anybody that's dining supplements is that it's got to come with integrity. So thank you so much for you. And please let people know where they can find more of your work.

Isaac Eliaz, MD, MS, LAc

Yeah, I think I'm going to talk to a lot of dot com and they can go to the survival products is a transformative book. That's the feedback I'm getting. They can look at pictures soul dot com and, as part of the summit, will provide people exit from a book about collecting three about modifies it, respecting the neighbor inflammation and maybe also the detox chapter. So because there's also a holistic view to detox, we didn't have time to touch, but I talk about it, and then I give 80 pages of protocols. But I'm always interested in changing the way people perceive and think. And then the solutions come naturally.



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Jason Prall

Uh, I love it. Well, thank you so much for everything you've done and for joining us today.

Isaac Eliaz, MD, MS, LAc

Thank you.

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